

November 19, 2018

Baking Soda

Westpoint's Baking Soda is not synthetically produced; it is mined from natural deposits. The processes used are known as solution mining and cooling crystallization. Water is pumped underground to dissolve the sodium bicarbonate beds. The solution is then pumped to the surface and product is re-crystallized by repeated cooling. The excess water is removed through spin drying and the baking soda is further dried and screened for foreign materials, before being shipped to our warehouse.

When baking soda (pure sodium bicarbonate) is combined with moisture and an acidic ingredient, bubbles of carbon dioxide gas are released. The gas bubbles expand during baking causing baked goods to rise.

Baking soda is naturally aluminum-free. The "no aluminum" statement had been included on our labels as a response to repeated questions we received in the past from our customers. To avoid any misinterpretation that being aluminum-free is a special quality of our product, we have removed the "no aluminum" statement from the label. Please be assured that the product is still the same, and, as other baking soda products, it does not contain aluminum.

The presence of aluminum, however, may be a concern for Baking Powder. Baking Powder products are composed of baking soda, a starch part, and a built-in acid part. Some Baking Powder brands may use an aluminum compound as the acid ingredient.

Westpoint's Baking Powder is aluminum-free; it contains sodium acid pyrophosphate, sodium bicarbonate (baking soda), corn starch, monocalcium phosphate, and calcium sulphate.

We also carry a Corn and Wheat Free Baking Powder, an aluminum-free option for those with corn sensitivity. It contains: tapioca starch, potassium bitartrate (cream of tartar), and sodium bicarbonate (baking soda).

Westpoint Naturals has been a trusted supplier of gluten-free and other specialty foods for almost 25 years. Our products comply with CFIA guidelines, Federal Food and Drug Act, and Good Manufacturing Practices. They are free of impurities, artificial colouring, adulterants, off flavours and aromas.